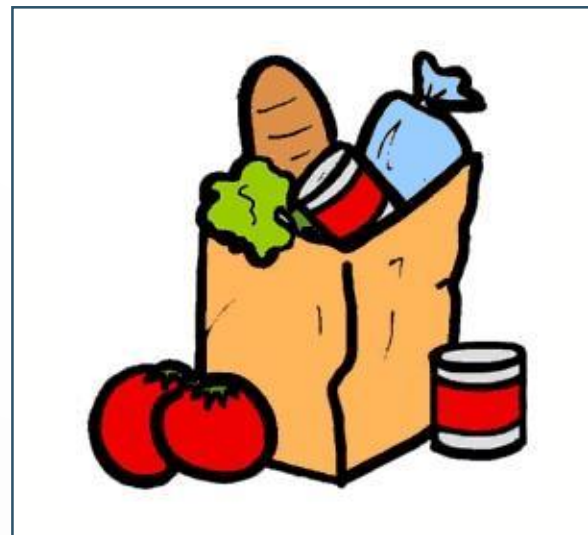


# WETC/WDC FOOD PANTRY STATS

Est. November 2017 – Ongoing 2019

Updated Jan 2019

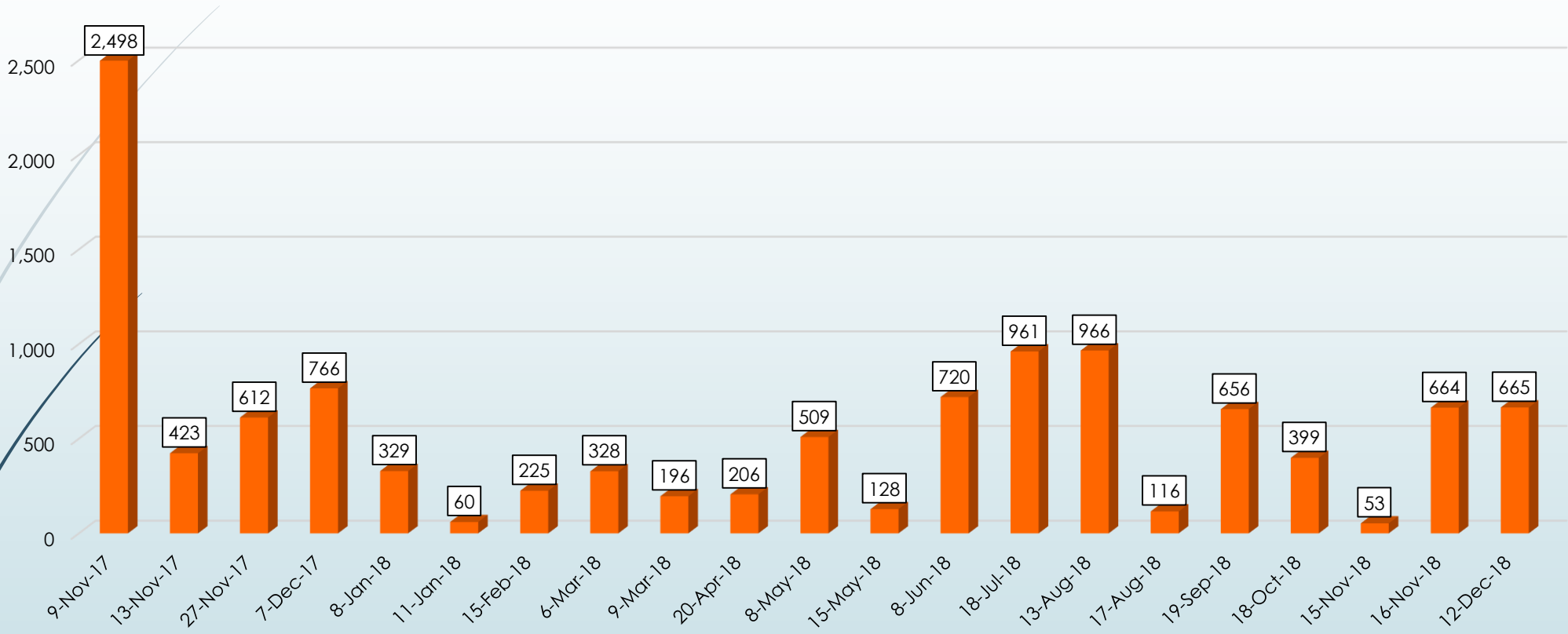




# OVERLOOK: Nov 2017 – Dec 2018

- Since November 2017, WETC/WDC Food Pantry has been pleased to announce **Family Service Association (FSA)** as another partner.
- Since November 2017, the Food Pantry has distributed more than **11,480 pounds** of food.
- During 2017-2018 Food Pantries, volunteers and staff have contributed over **606 hours** of time.
- 2017-2018 WETC/WDC Food Pantry served **196 WETC students**.
- 2017-2018 WETC/WDC Food Pantry served **942 family members** of WETC students.

# FOOD DISTRIBUTED

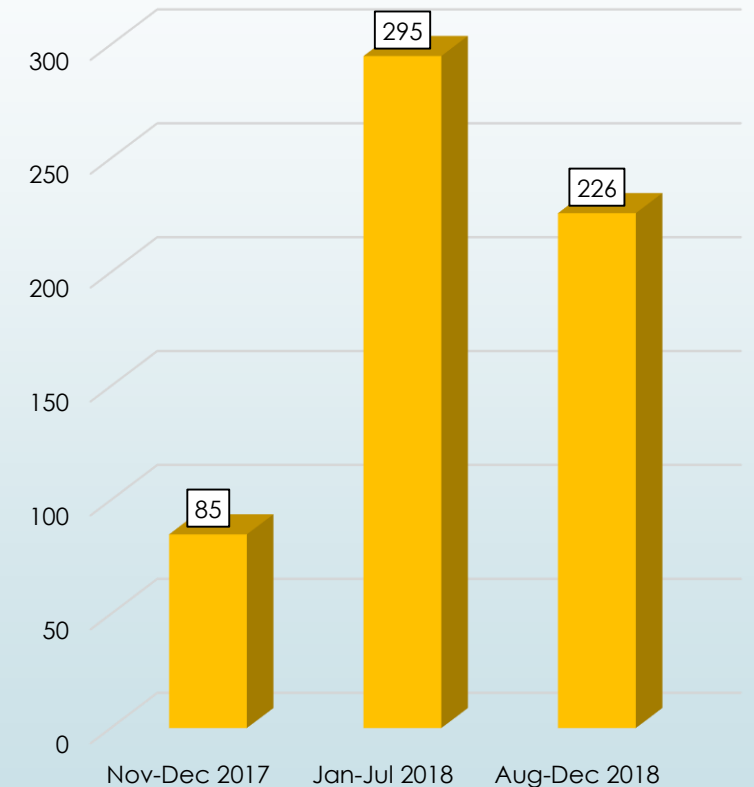


Total Pounds of Food Distributed in Nov 2017 - Dec 2018 =  
**11,480 pounds**

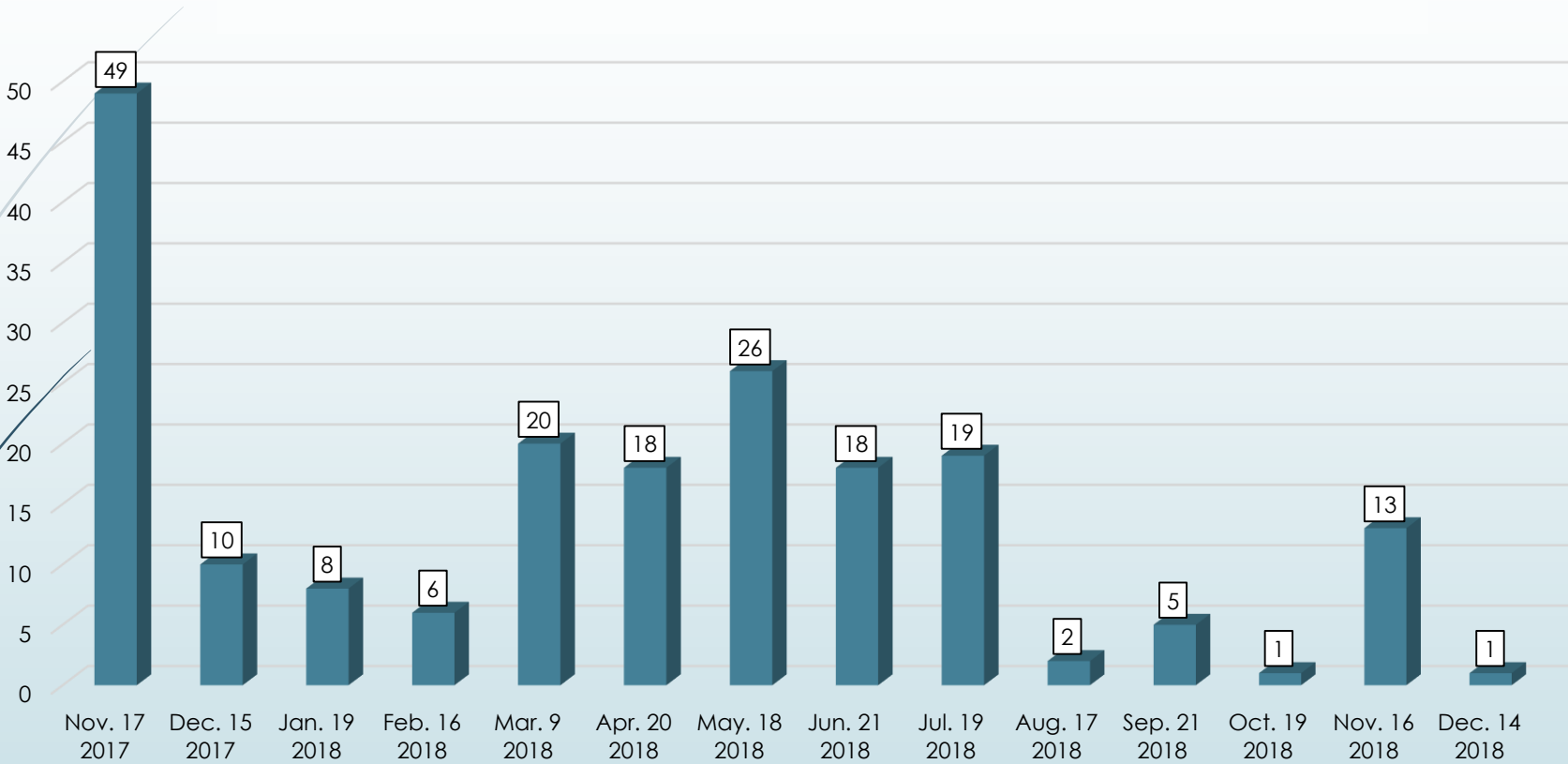
# VOLUNTEERS & STAFF

*These numbers are calculated as shown:*

- Day before Food Pantry: Fill Pantry (9-11am)
- Day of Food Pantry: Fill Bags (9-11pm), Set-Up (11-1pm), Pass Out (2-4pm)
- Average hours of one staff/volunteer member = 8 hours
- Multiply 8 hours by the number of people there (roughly 5 each time) = 40 hours/pantry
  - Note: FSA added more staff in Dec 2018
- Adding the hours spent documenting and organizing = 5 hours per every 2 months
- There have been **14** Food Pantries that have run so far: **606 hours in total over the 2017-2018 year.**

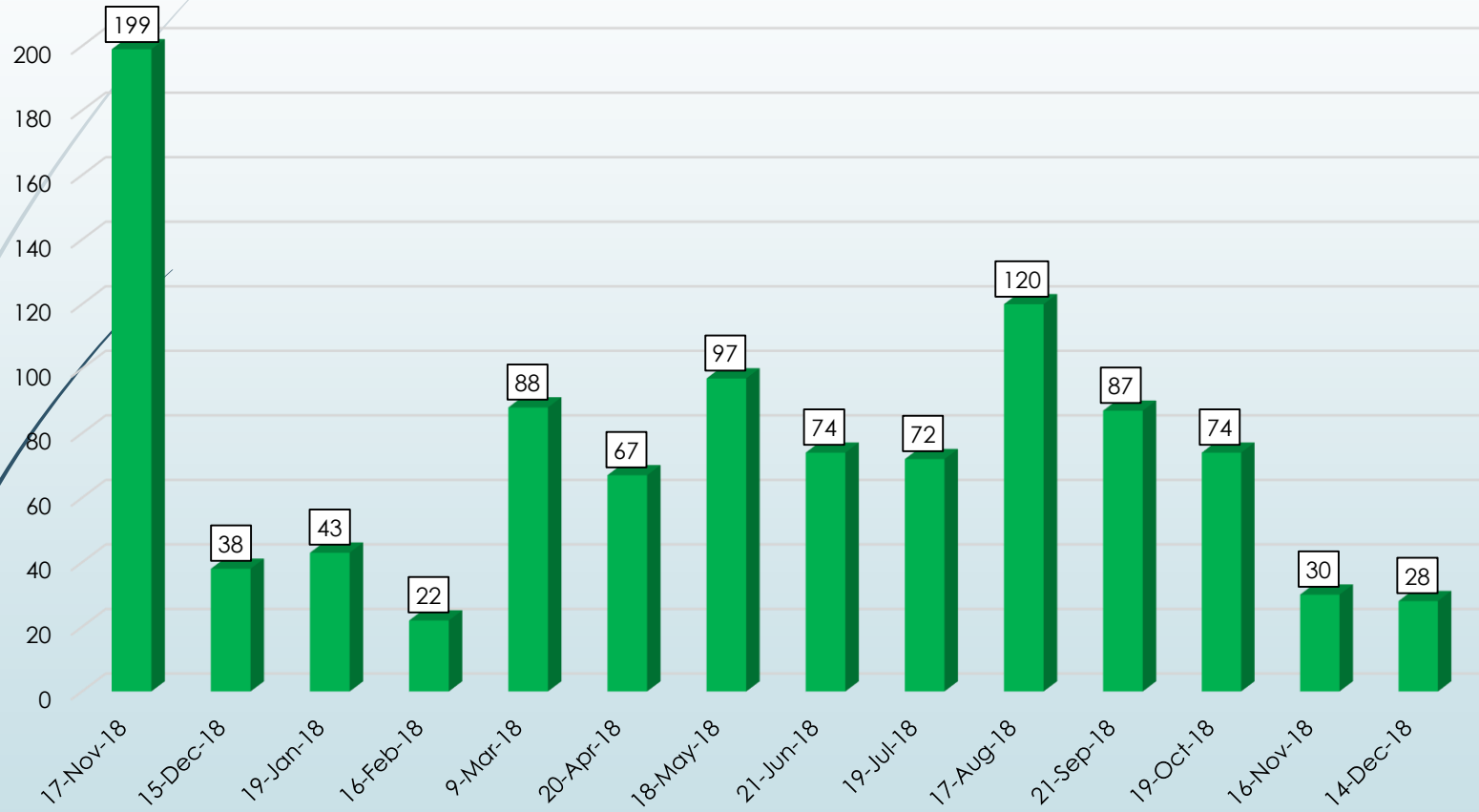


# STUDENTS SERVED



Total Students Served in 2017-2018 = **196 Students**  
Ranging from **20 – 70 students** per Food Pantry

# MEMBERS IN EACH HOUSEHOLD



Family Members  
Served in 2017-2018  
= **942 people**



# DEMONSTRATIONS & GUEST SPEAKERS

- ▶ In January of 2018, the WETC/WDC Food Pantry teamed up with Raul Joaquin Abrego, a Community Health Worker from Metropolitan Health District's Healthy Neighborhoods Program to provide demonstrations to the WETC students. There have been 13 demonstrations that have commenced at the Food Pantry.
- ▶ Food demos are performed during the food pantry distribution. He demonstrates how to cook healthy meals with the food they receive. The students at WETC enjoy learning how to add vegetables into their meals and are able to sample new recipe items. Some of which were Eggplant Sandwiches and Cucumber Salads, along with learning how to make Mason Jar Compost Gardens in March by a guest presenter; Chris Apolinar. These demonstrations will continue each month during the food pantry hours.

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# ***Food Demo***

# ***Website***

**Cranberry Sause**

**Buddha Bowls**

**Veggie Caldo**

**Beats**

**Ground Turkey and Black Bean  
Wraps**

**Half-Face Black Bean Burgers**

**Eggplant and Cucumber  
Sandwich**

**Healthy Turkey Chili**

**<https://www.wellplated.com/healthy-turkey-chili>**

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# GROWTH OF NOV 2017-DEC 2018

